



CY and Cheltenham High School's 3rd Annual kNOw Tech-A-Thon

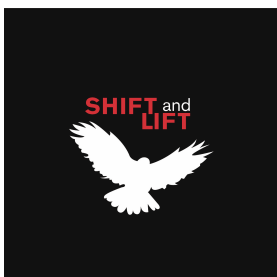
Saturday-Sunday November 12-13, 2016

**Put
DOWN
those
devices**



**and
stand UP
to
bullying!**

**Agree to be Tech FREE
Sign up and get sponsored now!**



What is a kNOw Tech-a-thon? It means you get to ask all those people who are always bugging you to put down your cell phone, or to get off your computer, to pay up while you go tech free for 24 hours along with a whole bunch of your friends to raise money for the Jacob Marberger, H.A.W.K. Foundation and also to the Tyler Clementi Foundation, and awareness about cyber-bullying. If you raise \$24 or more, you get to do a lot of fun stuff -- some right here at CHS and some, for the top 100 earners, in downtown Philadelphia, like a **sleepover at the Kimmel Center**

How do I participate?

- 1. Go to knowtech4teens.org and, with parent permission, sign up**
- 2. Get adults in your life to go to the kT4T site and sponsor you**
- 3. Don't use ANY technology (phones, Chromebooks, etc...) for 24 hours from 7:30am Saturday November 12th to 7:30am Sunday November 13th**

Remember, you can be anywhere and participate in a kNOw Tech A Thon, just as long as you honor your kT4T Tech Free Pledge.

If you want to participate in any of the kT4T Activities, be sure to have your parent fill out the online RSVP and Permission Form